

WRITTEN BY **STEPHANIE ARMENTA**
PHOTOS BY **JILL RICHARDS**

GRAND opening Rejuvenation



Urban Spirit Clothing top, \$35.



Green Dragon tie-dye top, \$89.



Green Dragon Millie palazzo pants, \$84.

INVIGORATE YOUR MIND AND SPIRIT with yoga, and then relax your wallet with a little shopping at **Rejuvenation**.

The new Thai massage and yoga studio/boutique opened in November in Old Town Scottsdale.

Co-owner **Patti Smith** thought about women's wardrobes before and after a yoga session. She wanted them to find chic clothing that can be worn on and off the mat, with accessories to enhance any outfit.

"I find clothes that move with your body in edgy shirts, skirts and dresses," Smith says.

She asks herself three questions when looking for the next fashion item: Is it unique? Will it fit our climate? Does the quality ensure years of wear?

Smith looks at how each piece is made. She finds clothing and accessories made with fine detailing and some made with organic materials. Look for handmade jewelry that features Swarovski crystals.

The boutique even has a line of bath products, including soaps, scrubs and soothing salves, to incorporate tranquility into the home.

"I find the best of the best for my customers to stay ahead of the crowd and step out in style," Smith says, "from the yoga mat to lunch and shopping with the girls."

Instructor and co-owner **Gabriel Azovlay** believes that anyone who enters will immediately feel refreshed because of the Asian-inspired design of the studio.





Swarovski-crystal bracelet, \$101, large ring made with bohemian glass, \$59, and Swarovski-crystal ring, \$44.

Handmade Swarovski-crystal cuff, \$58.

“We want to provide individuals with a new way of feeling with yoga,” Azovlay says, “which then leads to a new way of looking at yourself, creating a new sense of youth that will lead to rejuvenation.”

Azovlay teaches yin yoga and tai chi classes, \$15 each, and you can make an appointment for different kinds of massages.

Details: Rejuvenation, 7050 E. Fifth Ave., Scottsdale. 480-947-8424. rejuvenationaz.com. Hours are 10 a.m. to 6 p.m. Tuesdays through Fridays, 11 a.m. to 5 p.m. Saturdays and noon to 5 p.m. Sundays.

Nicole Lee handbag, \$69.

Earth and Sky organic dress, \$325, handmade with deconstructed and raw seams.